

## Once in a Lifetime

- 1-3. Walk for. L,R,L
4. Touch R. toe, to R. side
5. Touch R. toe, farther to R. side
6. Cross R. over L. (Take wt.)
7. Touch L. toe, to L. side
8. Step L. for.

- 1&2. Triple R. for.  $\frac{1}{2}$  turn R.
- 3&4. Triple L. back (Facing back LOD)
- 5-8. Walk back R,L,R,L

1. Kick R. to R. side
2.  $\frac{1}{2}$  turn on ball of L. Step wt. R. (facing for. LOD)
- 3&4. Triple L. for.
- 5-6. Walk for. R,L. (Angled to outside LOD- facing 2 o'clock)  
Man is behind lady
- 7&8.  $\frac{1}{4}$  turn R. Triple R. for. (Facing back LOD)

Drop R. hands L. hands will swing over lady's head

- 1-2. Walk for. L,R. (Angled to inside LOD-facing 8 o'clock)  
Lady is behind man
- 3&4.  $\frac{1}{4}$  turn L. Triple L. for. (Facing back LOD- 6 o'clock)
- 5&6.  $\frac{1}{2}$  turn L. Triple R. to R. side (Facing LOD- 12 o'clock)
7. Rock L. back Re-join R. hands
8. Recover wt. R.

Description: 32 ct. Beginner, Progressive partner dance. Side by side, facing line of dance (LOD) Her R. hand at her shoulder, L. hands held in front

Music: Sweet Heaven (I'm in love again) Barry Manilow  
Desert luau David Ball  
Feels Like I'm Gettin' Into Something Good Chris LeDoux

Choreographer: Kathy Stearns 15 High Point Ln Camdenton, Mo.  
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Note: To make this a mixer (no hands held) Lady will make her first 4 cts. In place, while man moves forward. Try it!

*Kathy Stearns '05*